

INSTRUCTIONS TO AUTHORS

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The entire manuscript, including references and tables, should be typed, double-spaced on one side only of A4 paper with margins of at least 25mm. Number all pages in sequence, beginning with the title page as 1, summary as 2, etc. The manuscript should be presented in the following order: (i) title page, summary and key words, (ii) text, (iii) acknowledgements, (iv) references, (v) figure legends, (vi) tables (with title and footnotes), and (vii) figures. Each of sections from (i) to (vii) should begin on a separate page. Start each figure and table at top of new page.

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Sample references are as follows:

1) Noro H, Takayama S, Agishi Y : Effects of the stellate ganglion radiation by polarized light on the autonomic nervous system and electroencephalogram. J Jpn Assoc Phys Med Balneol Climatol 1997 ; 60 : 93-199.

2) Agishi Y, Ohtsuka Y, Watanabe I, et al. : Present features of medical balneology in Japan. In: Recent Progress in Medical Balneology and Climatology, Agishi Y, Ohtsuka Y (eds), Kokoku Printing, Sapporo, 1995 ; p1-10.

3) Moser M, Buchberger W, Mayer H, et al.: Influence of an iodine-drinking cure on the antioxidative status of diabetic patients. Wien Klin Wochenschr 1991 ; 103 : 183-186 (in German with English abstract).

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Reference

Schulz KF, Altman DG, Moher D, CONSORT Group: CONSORT 2010 statement: updated guidelines for reporting parallel group randomized trials. *BMJ* 340:698-702, 2010.

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Authorship Agreement

All authors have read the manuscript and approved its submission to The Journal of the Japanese Society of Balneology, Climatology and Physical Medicine. I certify that the manuscript is original and that no portion is under consideration elsewhere or has been previously published in any form other than as an abstract and that all relevant legal, financial, and ethical responsibilities with the manuscript belong to the authors. The authors agree to transfer all copyright ownership to The Journal of the Japanese Society of Balneology, Climatology and Physical Medicine when the article is accepted for publication.

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